

| | | | | | | | |
|--|-----------|-----------|---------|-----------|--------|--------|--------|
| भापा Jhapa | 119,700 | 93,496 | 51,282 | 42,214 | 26,204 | 14,420 | 11,784 |
| विराटनगर Biratnagar | 325,645 | 278,074 | 144,613 | 133,461 | 47,571 | 25,283 | 22,288 |
| हनुमाननगर Hanumannagar | 299,869 | 281,428 | 143,857 | 137,571 | 18,441 | 5,769 | 12,672 |
| सिराहा Siraha | 210,532 | 202,165 | 101,663 | 100,502 | 8,367 | 2,338 | 6,029 |
| महोतरी Mahottari | 488,218 | 442,149 | 231,577 | 210,572 | 46,069 | 9,549 | 36,520 |
| सर्लाही Sarlahi | 162,979 | 148,564 | 76,449 | 72,115 | 14,415 | 4,012 | 10,403 |
| रौतहट Rautahat | 218,661 | 196,185 | 105,578 | 90,607 | 22,476 | 3,359 | 19,117 |
| बारा Bara | 250,054 | 229,808 | 122,790 | 107,018 | 20,246 | 4,422 | 15,824 |
| पर्सा Parsha | 137,624 | 125,079 | 67,652 | 57,427 | 12,545 | 1,952 | 10,593 |
| | | | | | | | |
| काठमाडौं (उपत्यका) (Kathmandu Valley) | 459,990 | 457,907 | 232,586 | 225,321 | 2,083 | 1,048 | 1,035 |
| काठमाडौं Kathmandu | 224,867 | 223,202 | 114,821 | 108,381 | 1,665 | 845 | 820 |
| ललितपुर Lalitpur | 145,301 | 144,939 | 72,706 | 72,233 | 362 | 174 | 188 |
| भक्तपुर Bhaktapur | 89,822 | 89,766 | 45,059 | 44,707 | 56 | 29 | 27 |
| | | | | | | | |
| पश्चिम पहाड Western Hills | 1,946,502 | 1,937,744 | 926,276 | 1,011,468 | 8,758 | 4,582 | 4,176 |
| नुवाकोट Nuwakot | 162,981 | 162,882 | 81,461 | 81,421 | 99 | 51 | 48 |
| धादिंग Dhading | 203,039 | 202,563 | 100,176 | 102,387 | 476 | 268 | 208 |
| गोर्खा Gorkha | 151,264 | 151,033 | 72,691 | 78,342 | 231 | 129 | 102 |
| तनहुँ Tanahau | 127,642 | 127,009 | 59,393 | 67,616 | 633 | 315 | 318 |
| लमजुंग Lamjung | 130,935 | 130,504 | 61,883 | 68,621 | 431 | 244 | 187 |
| कास्की Kaski | 127,515 | 126,747 | 58,367 | 68,380 | 768 | 398 | 370 |
| स्यांग्जा Syangja | 339,634 | 336,270 | 157,189 | 179,081 | 3,364 | 1,650 | 1,714 |
| बाग्लुंग Baglung | 228,769 | 227,862 | 109,738 | 118,124 | 907 | 502 | 405 |
| गुल्मी Gulmi | 301,730 | 300,527 | 142,334 | 158,193 | 1,203 | 663 | 540 |
| पाल्पा Palpa | 172,993 | 172,347 | 83,044 | 89,303 | 646 | 362 | 284 |

| | | | | | | | |
|--|-----------|-----------|---------|---------|--------|--------|--------|
| सुदूर पश्चिम पहाड Far Western Hills | 1,698,083 | 1,695,422 | 828,609 | 866,813 | 2,661 | 1,210 | 1,451 |
| प्यूठान Piuthan | 212,481 | 211,930 | 100,400 | 111,530 | 551 | 260 | 291 |
| सल्यान Salyan | 415,524 | 415,112 | 203,213 | 211,899 | 412 | 249 | 163 |
| जुम्ला Jumla | 184,505 | 184,122 | 94,267 | 89,855 | 383 | 228 | 155 |
| दैलेख Dailekh | 208,745 | 208,570 | 101,140 | 107,430 | 175 | 100 | 75 |
| अछाम Achham | 152,520 | 152,476 | 71,848 | 80,628 | 44 | 10 | 34 |
| डोटी Doti | 282,637 | 282,550 | 137,538 | 145,012 | 87 | 49 | 38 |
| वैतडी Baitadi | 158,962 | 158,198 | 80,244 | 77,954 | 764 | 252 | 512 |
| डडेलधुरा Dandeldhura | 82,709 | 82,464 | 39,959 | 42,505 | 245 | 62 | 183 |
| | | | | | | | |
| मध्य भित्री मधेश Central Inner Terai | 244,236 | 243,508 | 123,257 | 120,251 | 728 | 456 | 272 |
| चिसापानी Chisapani | 158,530 | 158,393 | 79,378 | 79,015 | 137 | 85 | 52 |
| चितवन Chitawan | 67,882 | 67,358 | 34,859 | 32,499 | 524 | 329 | 195 |
| नवलपुर Nawalpur | 17,824 | 17,757 | 9,020 | 8,737 | 67 | 42 | 25 |
| | | | | | | | |
| पश्चिम भित्री मधेश Western Inner Terai | 98,607 | 97,195 | 48,512 | 48,683 | 1,412 | 691 | 721 |
| दांग Dang | 55,858 | 55,643 | 27,252 | 28,391 | 215 | 120 | 95 |
| देउखुरी Deokhuri | 42,749 | 41,552 | 21,260 | 20,292 | 1,197 | 571 | 626 |
| | | | | | | | |
| पश्चिम तराई Western Terai | 400,357 | 322,038 | 172,887 | 149,151 | 78,319 | 30,902 | 47,417 |
| पाल्ही Palhi | 96,227 | 74,776 | 40,174 | 34,602 | 21,451 | 8,626 | 12,825 |
| माझखण्ड Majkhanda | 141,627 | 107,760 | 58,087 | 49,673 | 33,867 | 14,480 | 19,387 |
| खजहनी Khajahani | 125,036 | 108,254 | 57,469 | 50,785 | 16,782 | 5,740 | 11,042 |
| शिवराज Sivaraj | 37,467 | 31,248 | 17,157 | 14,091 | 6,219 | 2,056 | 4,163 |

| | | | | | | | |
|-------------------------------------|----------------|----------------|----------------|----------------|---------------|--------------|---------------|
| सुदूर पश्चिम तराई Far Western Terai | 271,551 | 254,413 | 135,715 | 118,698 | 17,138 | 6,167 | 10,971 |
| बाँके Banke | 95,148 | 82,482 | 45,429 | 37,053 | 12,666 | 4,005 | 8,661 |
| बर्दिया Bardia | 67,731 | 64,715 | 34,038 | 30,677 | 3,016 | 1,474 | 1,542 |
| कैलाली Kailali | 89,795 | 88,997 | 46,668 | 42,329 | 798 | 358 | 440 |
| कञ्चनपुर Kanchanpur | 18,877 | 18,219 | 9,580 | 8,639 | 658 | 330 | 328 |